

Date: 05.02.2024

Dear Parents and Carers,

This letter is to inform you that we have students in our preschool that have a life-threatening food allergy. The students have an allergy to Peanuts/Tree Nuts.

These foods, even in trace amounts, may cause a severe reaction (anaphylaxis) that can lead to death.

The following symptoms may occur: hives, difficulty breathing, vomiting and diarrhea, swelling of the lips, mouth, and throat, itching and sneezing, loss of consciousness, and death due to shock. Even touching contaminated surfaces may cause a reaction. School staff have been trained to recognize such a reaction and to administer medication in an emergency.

PLEASE **DO NOT** SEND ANY PRODUCTS WITH PEANUTS/TREE NUTS FOR SNACK OR PARTIES.

Here are a few suggestions for you as parents:

- Never take food allergies lightly; they can be serious and life-threatening.
- Ask your child's friends what they are allergic to and help them to avoid it.
- Tell your child, "DO NOT SHARE FOOD."
- Frequent hand washing reduces the spread of viruses during the school year and helps protect students with food allergies. Wash hands thoroughly after eating. Similarly, encourage good hygiene before and after-school. If your child had peanut butter for breakfast, please have them wash their hands. Wash hands and surfaces before handling school bag, lunch box etc.
- Check the bottom of the ingredient label to see if it may contain peanut/nut products or was processed in a peanut/nut factory.
- **Place a note** in your child's lunch box when you send a peanut butter or chocolate spread replacement. (You can use the note attached).

We are looking forward to collaborating with you and please do not hesitate to contact us with any questions.

Kind regards,

Throsby Preschool Team